

Plan the Clean UP

1. **Get a group together.** This is a great volunteer opportunity for individuals, families, clubs, and youth groups to make a real difference for an area you care about.
2. **Scout around for a safe, accessible location** that you'd like to see improved, whether it's a stream, a park, or a nearby field. If the site is on private property, be sure to get the owner's permission. The city or county can help determine ownership if your site is on private property.
3. **Contact Town or County Governmental organizations** to get approvals and assistance. Most local governments will be thrilled to help, and often will provide tools (rakes or shovels) and may schedule a trash pick-up at the location at the end of the clean-up.
4. **Remember safety.**
 - Clothing: wear heavy gloves, thick pants, sturdy shoes and safety goggles (if appropriate).
 - First aid kits should be available at the cleanup site and someone should know how to administer first aid.
 - Garbage sites along roads: if needed, contact the highway department to provide warning cones, signs or flags for sites where volunteers will be leaving garbage for pickup.
5. **Arrange for garbage removal.**
 - Often you can enlist the town's support for trash pickup if needed.
 - Locate nearby recycling centers for recyclable items.

CLEANUP DAY

- If you are working with a group, divide the area into work zones, one per team.
- Review "Cleanup Tips and Instructions", stress safety first! If working with students, have at least one adult per team.
- Record how many bags of garbage and sort out recyclable items.
- Photograph trash and workers.
- Arrange for volunteers to help with returning borrowed materials and disposing of garbage or recyclables.

AFTER THE CLEANUP

- Celebrate! Reward yourself and your volunteers for a job well done.
- Send in the Report Form on the back. This is important for us to track how much garbage was removed, and how many people volunteered.
- Educate others by telling your community how much garbage was collected, and by encouraging pollution prevention.

CLEANUP TIPS

Suggested Materials List

- Cleanup report form
- First Aid Kit
- Orange cones at any trash collection site along a road
- Life jackets for very young volunteers if you're working near water
- Camera or smart phone to record your project!
- Work gloves
- Trash bags (available from Canandaigua National Bank® branches when you register while supplies last.)
- Rakes, shovels and/or pitchforks
- If you are near water: waders, high rubber boots, old shoes or sneakers.
- Insect/tick repellent
- Refreshments

SAFETY FIRST!

- Cross streets only with help from an adult.
- Always wear gloves.
- Do not climb steep banks.
- Stay out of the water.
- Squat to pick up objects to protect your back---bend down, not over.
- Leave these items alone, and tell an adult:
 - Broken glass
 - Sharp metal or splintered wood
 - Dead animals
 - Needles
 - Barrels, cans, or buckets that are full
 - Spray cans
 - Heavy objects
 - Walk around poison ivy. "Leaves of three, let it be!"

Let nature be natural

- Leave natural materials: logs, leaves, branches, sticks, etc. (Painted boards or bags of leaves are another story)
- Do not dig up big items. Digging leads to erosion.

Ouch!

If you are hurt tell an adult right away.
Even a small cut can become infected.

RECYCLE. Sort and set aside:

- Aluminum cans
- Plastic bottles
- Unbroken glass



RECEIVE A THANK YOU FROM US

We want to reward our hard-working volunteers for their efforts at keeping our environment healthy! As a reward for your volunteering, Gander Mountain® and Chariot Learning® provided coupons that will be mailed to the contact name on your report.

CLEANUP REPORT

Fill in the information below and send it in to receive your coupons.

Name _____

Organization _____

Address _____

City _____ State _____ Zip _____

Phone _____

Email _____

How many people participated in the activity?

Youth: _____ Adult: _____

What area did you cleanup?

How many bags of garbage did you collect? _____

Would you like to receive our Newsletter?

Please send the completed form to:



Delta Laboratories, Inc.
Earth Day Clean Up
410 White Spruce Blvd.
Rochester, NY 14623



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EST. 1960
WE LIVE OUTDOORS

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Delta Laboratories' EARTH DAY CLEANUP

March 22-April 22



- **Cleanup Instructions**
- **Cleanup Tips**
- **Report form**

For more information contact:
Project coordinator

585-234-1726 or e-mail kstoss@adopt-a-stream.org



*Add your picture here next
year!*